

Clwydian Hills	16 May 2021
Grade: Blue	Number of dogs allowed: None

Covid-19

Do not walk if you are feeling unwell. Carry your own hand sanitiser. In case of an emergency ensure you have with you a face mask and first aid pack.
Inevitably, the route will go through gates and over stiles that other people will have touched. It may have narrow sections that mean you will be passing close to other people.

We start our walk from the The Golden Lion at Llangynhafal. Initial we go east across fields and a lane to the western flanks of the Clwydian Hills. We go north walking along the delightful valley before turning uphill to the east then north east until we reach Offa's Dyke just below Moel Arthur. Our route now follows Offa's Dyke south, starting with a short sharp ascent. We continue along



Offa's Dyke for 3km before turning west to descend into the valley once again. We head north until we reach the lane and turn west to The Golden Lion.



Here is your route <https://osmaps.ordnancesurvey.co.uk/route/7728971/Clwydian-Hills>

Meeting time:	09:45	Meeting Place:	At start point
Walk starts:	10:00	Walk finishes:	14:45
Distance:	10.9km	Duration (incl stops):	4:45
Ascent:	504m	Highest point	450m Offa's Dyke

Terrain:	Footpaths may be muddy in places. Small amount of roadwork
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Map/Area:	OL265 Clwydian Range
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Starting point	The Golden Lion, Llangynhafal, Denbigh LL16 4LN GR: SJ129635 what3words: ///script.after.northward
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Walk Leader	
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SAFETY

Let the walk leader know of any relevant medical conditions
Refer to the Handbook for walk related information and specifically for recommended walking equipment <https://ohwc.org.uk/kit-list/> and safety information <https://ohwc.org.uk/safety/>
Remember you are responsible for being properly equipped.
Ensure you have the walk leader's phone number in case of an emergency.

If you become detached from the group **STOP**, call out; try contacting group by phone or text. If no contact return to the last place you were with the group. Wait 30 mins repeatedly trying to make contact. After 30 mins seek help and/or make your own way safely.